



Congratulations!

You've secured your **free printable** **manifestation journal**.

If you'd love even more freedom to make it your own (*or give it as a gift*), upgrade to the **editable Canva and PowerPoint versions** for just **\$2.99**. With these, you can:

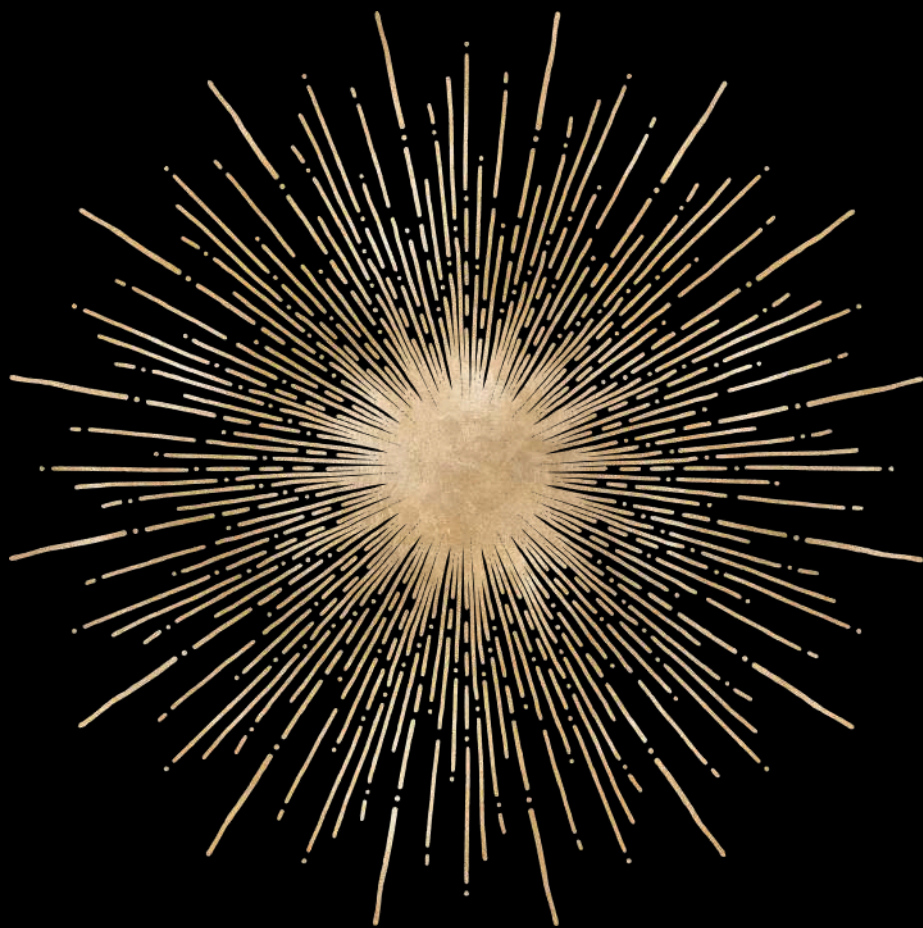
- Add, delete, rearrange or duplicate pages
- Change colors, fonts, and images
- Customize layouts to match your style
- Save, reuse, and update it **as many times as you like — forever.**



[Get My Editable Journal](#)



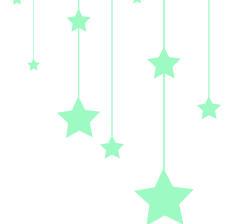
Manifestation Journal





This Journal Belongs To

Manifest 369 Method



Today's Date:.....

3

Morning Manifestation

#1	
#2	
#3	

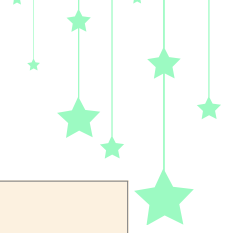
Action Steps

#1	
#2	
#3	

Visualization

#1	
#2	
#3	

6



Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	

Afternoon Affirmation: _____

9

Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	
#7	
#8	
#9	

Future-Self Visualization



Relationships

Wealth

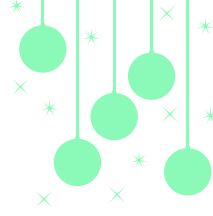
Career

Spiritual

Health/Wellness

Travel

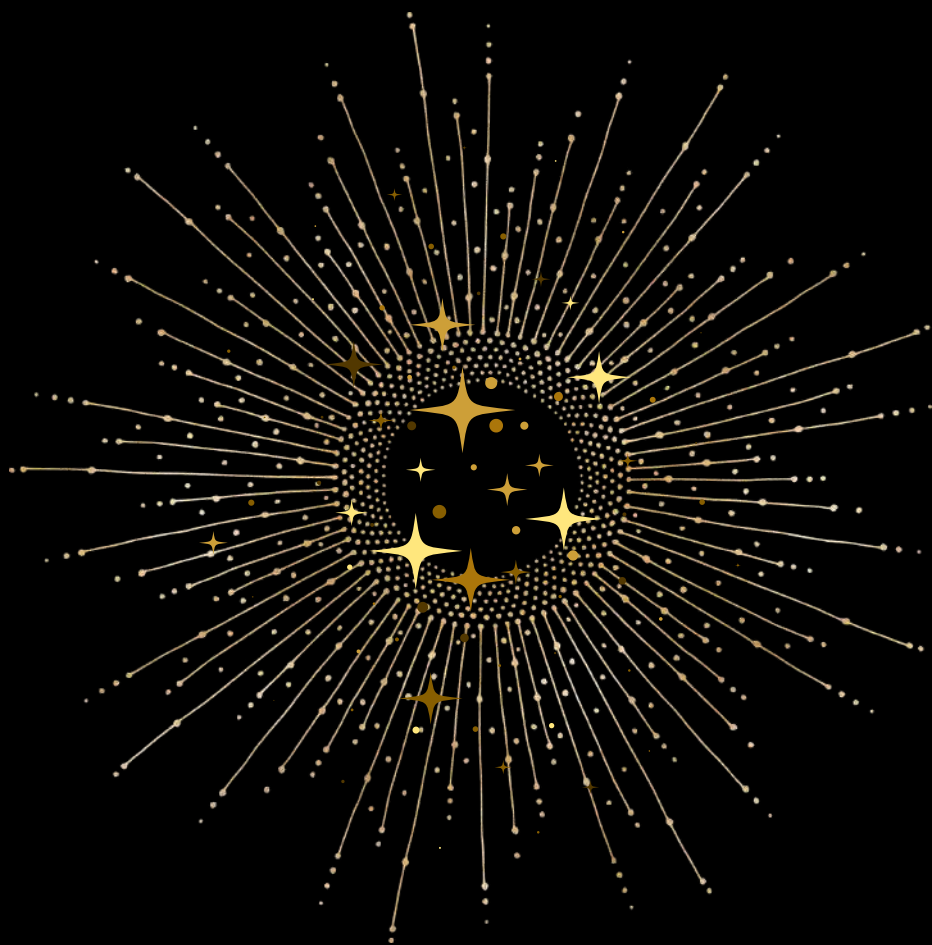
Doodling



***Sketch, draw, and doodle whatever comes to your mind.
Brainstorm your thoughts and place it on paper.***

A large, empty rectangular box with rounded corners and a thin orange border, occupying the majority of the page. It is intended for the user to sketch, draw, or doodle their thoughts.

There Are Worlds Within Me



Manifest 369 Method



Today's Date:.....

3

Morning Manifestation

#1	
#2	
#3	

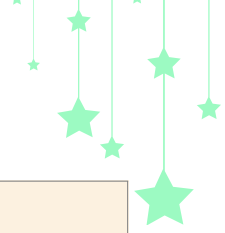
Action Steps

#1	
#2	
#3	

Visualization

#1	
#2	
#3	

6



Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	

Afternoon Affirmation: _____

9

Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	
#7	
#8	
#9	

Future-Self Visualization



Relationships

Wealth

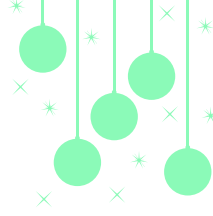
Career

Spiritual

Health/Wellness

Travel

Doodling



***Sketch, draw, and doodle whatever comes to your mind.
Brainstorm your thoughts and place it on paper.***

A large, empty rectangular box with rounded corners and a thin orange border, intended for doodling.

What I Seek
Is Seeking Me



Manifest 369 Method



Today's Date:.....

3

Morning Manifestation

#1	
#2	
#3	

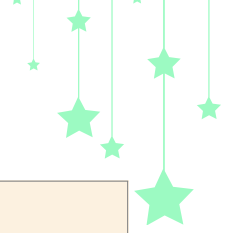
Action Steps

#1	
#2	
#3	

Visualization

#1	
#2	
#3	

6



Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	

Afternoon Affirmation: _____

9

Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	
#7	
#8	
#9	

Future-Self Visualization



Relationships

Wealth

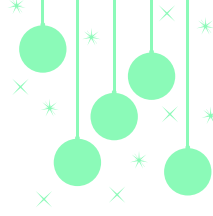
Career

Spiritual

Health/Wellness

Travel

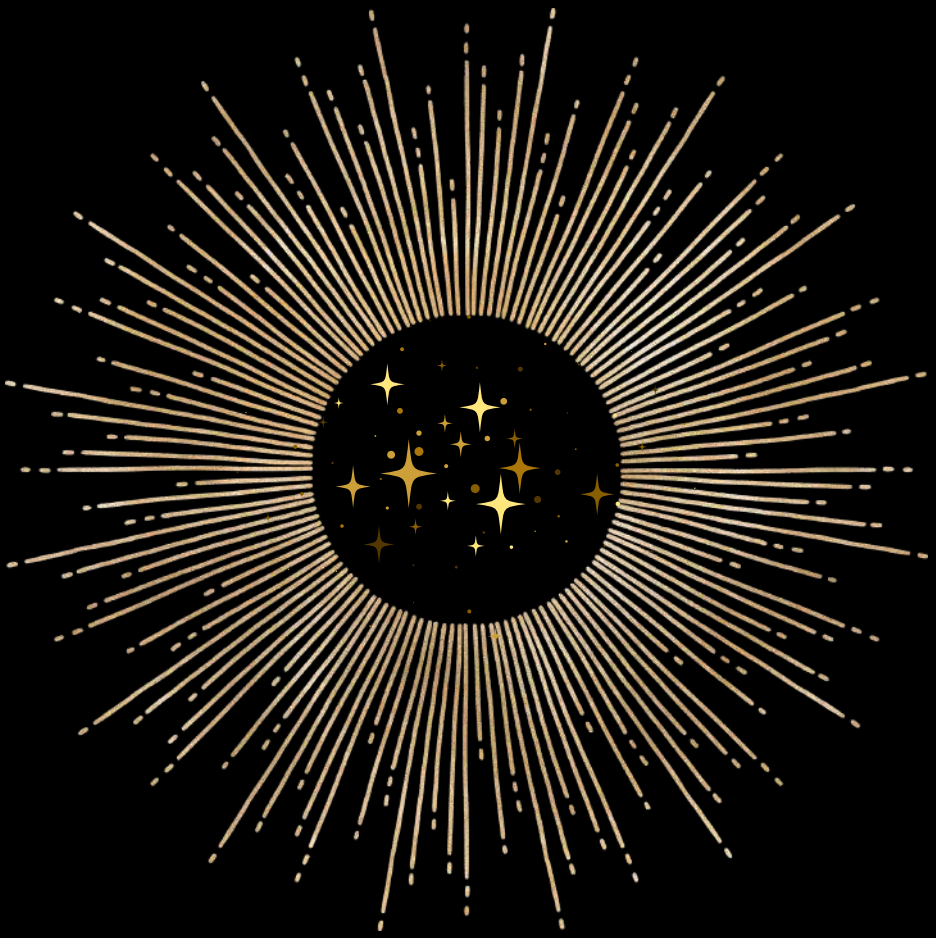
Doodling



***Sketch, draw, and doodle whatever comes to your mind.
Brainstorm your thoughts and place it on paper.***

A large, empty rectangular box with rounded corners and a thin orange border, intended for doodling.

I'm on the Right Track



Manifest 369 Method



Today's Date:.....

3

Morning Manifestation

#1	
#2	
#3	

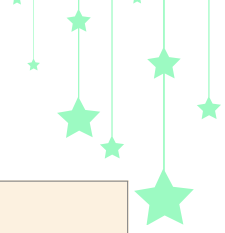
Action Steps

#1	
#2	
#3	

Visualization

#1	
#2	
#3	

6



<i>Afternoon Manifestation</i>	
#1	
#2	
#3	
#4	
#5	
#6	

Afternoon Affirmation: _____

9

<i>Afternoon Manifestation</i>	
#1	
#2	
#3	
#4	
#5	
#6	
#7	
#8	
#9	

Future-Self Visualization



Relationships

Wealth

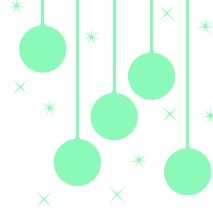
Career

Spiritual

Health/Wellness

Travel

Doodling



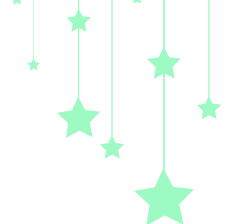
***Sketch, draw, and doodle whatever comes to your mind.
Brainstorm your thoughts and place it on paper.***

A large, empty rectangular box with rounded corners and a thin orange border, occupying the majority of the page. It is intended for the user to sketch, draw, or doodle their thoughts.

**Good Things
Are Coming
My Way**



Manifest 369 Method



Today's Date:.....

3

Morning Manifestation

#1	
#2	
#3	

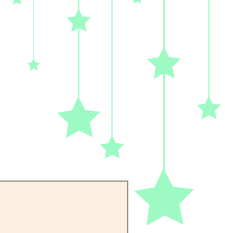
Action Steps

#1	
#2	
#3	

Visualization

#1	
#2	
#3	

6



Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	

Afternoon Affirmation: _____

9

Afternoon Manifestation	
#1	
#2	
#3	
#4	
#5	
#6	
#7	
#8	
#9	

Future-Self Visualization



Relationships

Wealth

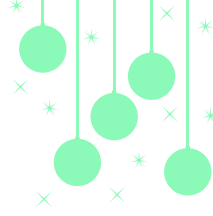
Career

Spiritual

Health/Wellness

Travel

Doodling



***Sketch, draw, and doodle whatever comes to your mind.
Brainstorm your thoughts and place it on paper.***

A large, empty rectangular box with rounded corners and a thin orange border, occupying the majority of the page. It is intended for the user to sketch, draw, or doodle their thoughts.

Dream It Believe It Achieve It

Ready to take your manifestations to the next level?

Discover a sample of our new eBook *Money, Abundance and the Law of Attraction.*

Want it for free? Grab the *All-In-One Bundle* and get the eBook included at no extra cost!