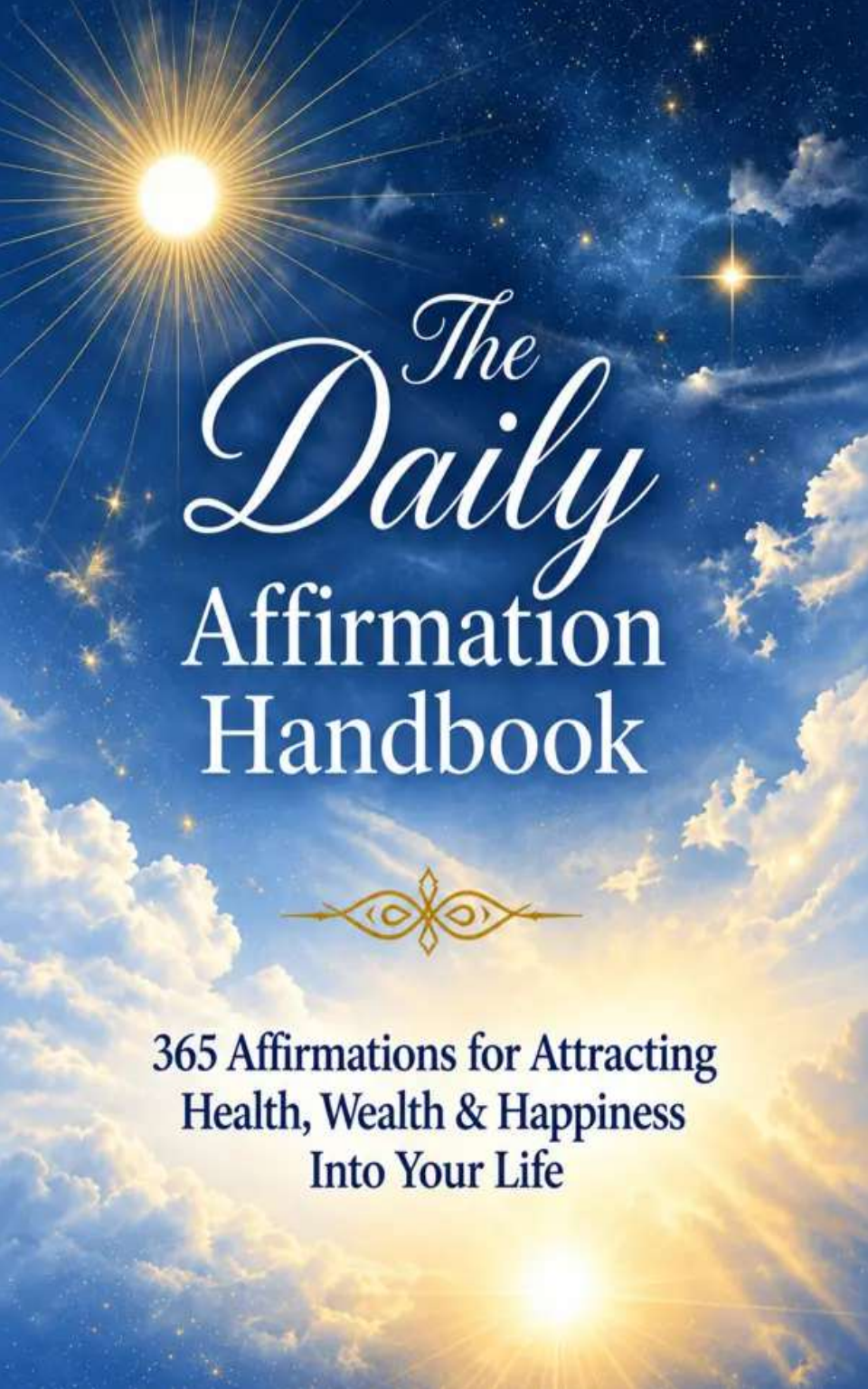




The *Daily* Affirmation Handbook



365 Affirmations for Attracting
Health, Wealth & Happiness
Into Your Life

A Look Inside

The Daily Affirmation Handbook

The following four pages are taken directly from the complete handbook. Each offers affirmations from a different part of the collection:

Health

Wealth

Happiness

Success

Each chapter begins with a short guide to its theme, followed by affirmations you can use in your daily practice.

*Original wording and numbering are retained.
The complete book includes 365 affirmations.*

2. I am in complete control of my emotional state and I respond to life with calm and clarity.

3. I choose happiness and have the power to guide my emotions toward positivity.

4. Joy and gratitude flow naturally through me and uplift my spirit each day.

5. I am more than I appear to be—within me lies the limitless power of the Universe.

6. I nourish my body with healthy foods that fuel my energy and support my well-being.

7. The satisfaction of vibrant health far outweighs the fleeting pleasure of unhealthy indulgence.

8. My healthy body is a direct reflection of my positive and empowering thoughts.

9. I honor my body as a sacred temple, treating it with love and care.

10. I am worthy of abundant health, vitality, and well-being.

99. The Universe supports me, guiding me toward wealth, abundance, and financial freedom.

100. I love money and appreciate all the opportunities it brings into my life.

101. I am deeply grateful for the steady increase in my net worth each year.

102. New ideas for generating wealth come to me easily and effortlessly.

103. I feel confident and at peace with money.

104. I can do amazing things with the money I have.

105. I release all limiting beliefs about money, and allow financial abundance to flow freely into my life.

106. Opportunities for wealth and success come to me effortlessly and naturally.

107. Money flows to me with ease, and my wealth surpasses my greatest expectations.

186. By embracing happiness each day, I inspire others to do the same, creating a ripple of joy.

187. I am deeply grateful for the happiness that follows me everywhere I go.

188. I spread happiness to others, and in return, I absorb their happiness, creating a cycle of joy.

189. I am so happy and grateful for my life, which fills me with a positive and joyful outlook.

190. Happiness comes easily to me, and I allow it to flow freely in all that I do.

191. I cherish every moment, knowing it is a precious gift that will never return.

192. My future is bright, and I am incredibly thankful for the possibilities ahead.

193. I consistently think uplifting, positive thoughts that elevate my spirit and attract joy.

278. I am worthy of all the success and goodness life offers, and I confidently embrace it.

279. I am grateful for the unique abilities, talents, and skills that empower my success every day.

280. The Universe is brimming with limitless opportunities, and I am ready to create a fulfilling career I love.

281. I am open-minded and excited to explore new pathways to success and fulfillment in my life.

282. I recognize every opportunity that arises and seize it with enthusiasm and confidence.

283. Each day, I discover new paths that inspire me and lead to endless possibilities.

284. Prosperity surrounds me in every direction, and I joyfully welcome it into my life.

Continue Your Practice

You have seen a small selection from the health, wealth, happiness and success chapters. The complete handbook brings all 365 affirmations together in one downloadable book.

EXPLORE THE COMPLETE HANDBOOK

law-of-attraction-haven.com/daily-affirmations.html