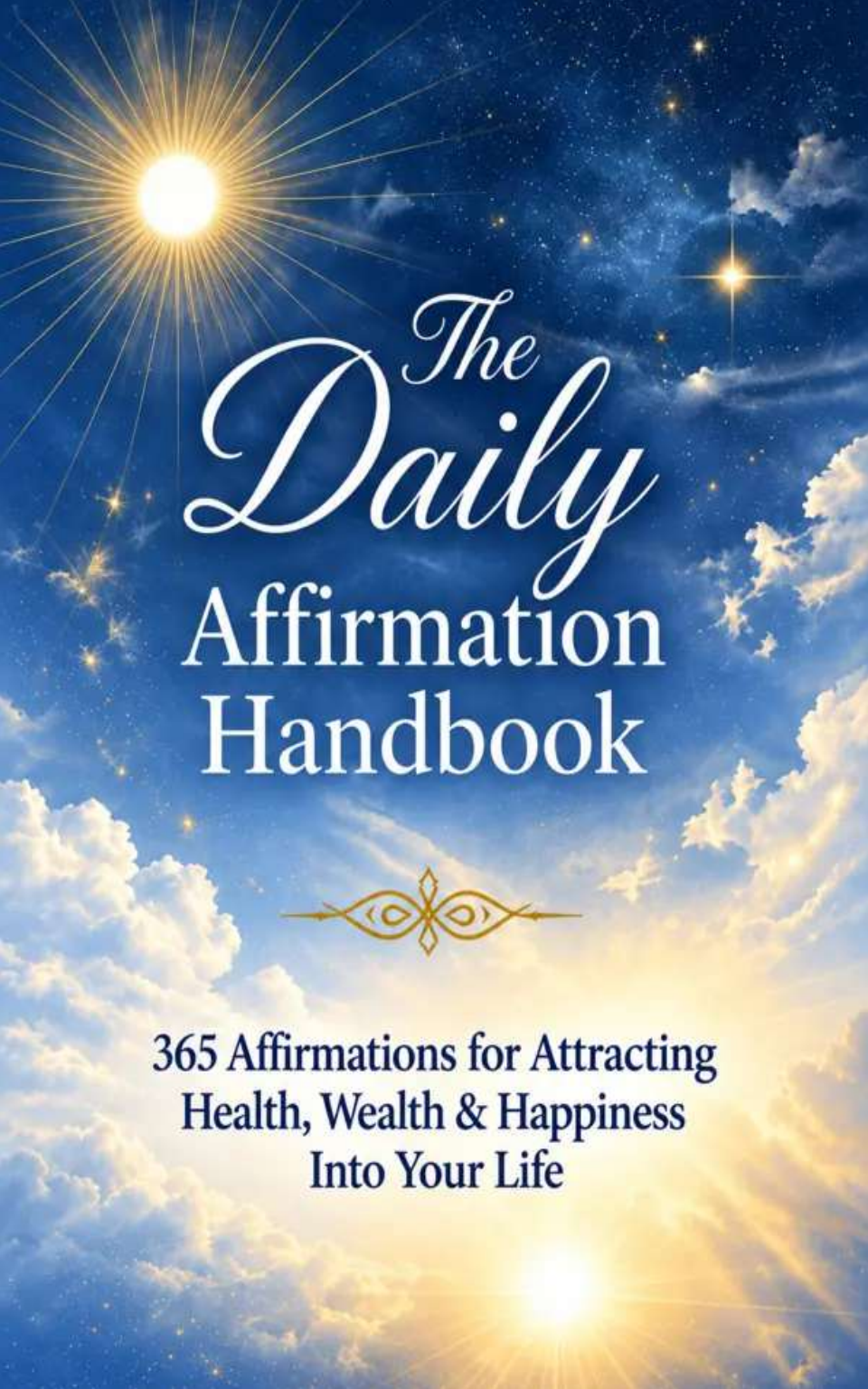




The *Daily* Affirmation Handbook



365 Affirmations for Attracting
Health, Wealth & Happiness
Into Your Life

A Look Inside

The Daily Affirmation Handbook

The following two pages are taken directly from the complete handbook. Each offers affirmations from a different part of the collection:

Health

Wealth

Happiness

Success



Each chapter begins with a short guide to its theme, followed by affirmations you can use in your daily practice.

*Original wording and numbering are retained.
The complete book includes 365 affirmations.*

2. I am in complete control of my emotional state and I respond to life with calm and clarity.

3. I choose happiness and have the power to guide my emotions toward positivity.

4. Joy and gratitude flow naturally through me and uplift my spirit each day.

5. I am more than I appear to be—within me lies the limitless power of the Universe.

6. I nourish my body with healthy foods that fuel my energy and support my well-being.

7. The satisfaction of vibrant health far outweighs the fleeting pleasure of unhealthy indulgence.

99. The Universe supports me, guiding me toward wealth, abundance, and financial freedom.

100. I love money and appreciate all the opportunities it brings into my life.

101. I am deeply grateful for the steady increase in my net worth each year.

102. New ideas for generating wealth come to me easily and effortlessly.

103. I feel confident and at peace with money.

186. By embracing happiness each day, I inspire others to do the same, creating a ripple of joy.

187. I am deeply grateful for the happiness that follows me everywhere I go.

188. I spread happiness to others, and in return, I absorb their happiness, creating a cycle of joy.

189. I am so happy and grateful for my life, which fills me with a positive and joyful outlook.

190. Happiness comes easily to me, and I allow it to flow freely in all that I do.

278. I am worthy of all the success and goodness life offers, and I confidently embrace it.

279. I am grateful for the unique abilities, talents, and skills that empower my success every day.

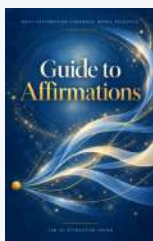
280. The Universe is brimming with limitless opportunities, and I am ready to create a fulfilling career I love.

281. I am open-minded and excited to explore new pathways to success and fulfillment in my life.

282. I recognize every opportunity that arises and seize it with enthusiasm and confidence.

5 Bonus Resources

Along with The Daily Affirmation Handbook, you will receive five practical resources to help you understand, organize, and maintain your affirmation practice.



BONUS 1

Guide to Affirmations eBook

Explore affirmative prayer, cosmic ordering, visualization, mantras, and ways to write and use affirmations.

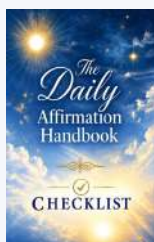
BONUS 2

10 Exclusive Affirmation Articles

1. 3 Mistakes to Avoid in Your Daily Affirmation Practice
2. 4 Simple Steps to Make Positive Affirmations Work for You
3. 5 Steps for Making Affirmations Work for You
4. 5 Steps for Writing Your Affirmation Statement
5. 5 Tips for Successful Affirmations
6. How to Create Positive Affirmations
7. How to Use Affirmations to Dramatically Change Your Life
8. Powerful Tips for Using Affirmations to Get What You Want
9. The Best Ways to Use Positive Affirmations to Manage Stress
10. Useful Tips for Writing Positive Affirmations

Tools for Your Practice

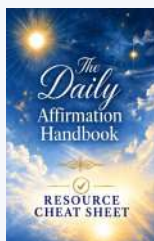
Three more bonus resources make it easy to revisit the handbook and put its ideas into practice.



BONUS 3

Affirmation Practice Checklist

Turn the handbook's key ideas into clear, actionable steps. Follow them at your own pace and revisit them regularly.



BONUS 4

Affirmation Resource Guide

Continue exploring with a convenient collection of helpful websites, books, courses, and videos.

BONUS 5

Handbook Mind Map

See the handbook's central ideas and action steps at a glance. A clear visual overview for a quick refresher.

Continue Your Practice

You have seen a small selection from the health, wealth, happiness and success chapters. The complete handbook brings all 365 affirmations together in one downloadable book.



EXPLORE THE COMPLETE HANDBOOK

law-of-attraction-haven.com/daily-affirmations.html