

U. S. ANDERSEN

*The Magic in
Your Mind*

We hope you enjoy this sample of *The Magic in Your Mind* by Uell Stanley Andersen.

To continue your journey, you can access the complete book—along with over 50 additional resources—through our [All-In-One Resource Bundle](#).

Alternatively, you can purchase the stand alone book [here](#).

Originally published by
Thomas Nelson & Sons,
New York, 1961.

Contents

Foreword	6
Chapter 1: The Hidden Cause of all Things	12
Chapter 2: Discovering the Secret Self	80
Chapter 3: The Greatest Magic of All	148
Chapter 4: Self-Mastery.....	206
Chapter 5: Mind Over Matter	265
Chapter 6: Mental Imagery	323
Chapter 7: The Power of Choice	378
Chapter 8: Overcoming Opposition	430
Chapter 9: Developing Skills	487
Chapter 10: Creating Your Own Talent	536
Chapter 11: How To Use Your Sixth Sense ...	591
Chapter 12: The Mental Attitude That Never Fails	631

*I give you the end of a golden string: Only
wind it into a ball,—*

*It will lead you in at Heaven's gate, Built in
Jerusalem's wall.*

WILLIAM BLAKE

Foreword

This book reveals a mental magic that assures success, that absolutely guarantees increased achievement, whether your profession is in the arts or business, in science or sales, in sports, war, or politics. Here you will learn the secret way in which your mind is tied to the source of all power; you will learn how you are capable of becoming anything and doing anything you can visualize.

Every man's consciousness is constantly changing, is trapped at the knife-edge overlap of past and future, reacts rather than acts, is incomplete and partial, eternally seeks itself, for since the mere state of being throws no light on that state, consciousness learns of itself through

reaction to outside stimuli. If a man comes to believe he is unsuccessful, it is because he carries the impression he has been unsuccessful, and this conclusion, once adopted, inescapably molds him into the shape of the thing he believes, locks him in a prison of his own making.

The magic by which a man becomes free is imagination. By training himself to cast up mental pictures of the thing he desires, by resisting sensual stimuli, even envisaging the exact opposite, he tends to assume a factual position in accordance with his vision, for his vision then becomes his experience, rather than the sensual stimuli that moved him before. Consciousness always assumes a form to suit its knowledge of itself, and where such knowledge breaks beyond the limits

imposed by sensory experience, man begins to grow into the image of the Secret Self.

There is only one mind in all creation; that mind is in everyone, is in its true state of being not confined to anyone, not confined to the body. It is a central, knowing consciousness in which everything dwells, which dwells in everything. In a bodily-confined state it assumes the limitations imposed upon it by the knowledge of itself which it receives through the senses, but when bondage to those senses is broken by development of an inner power to perceive and know directly, then slavery to its embodiment is at an end.

Perfect action and perfect works stem from an inner conviction of the mental cause

behind all things. A man changes the state of his outer world by first changing the state of his inner world. Everything that comes to him from outside is the result of his own consciousness. When he changes that consciousness he alters his perception and thus the world he sees. By coming to a clear understanding of the process and effect of mental imagery he is led irrevocably along the correct path to his goal. By working with this cause of all things—his own consciousness—he achieves infallibility in works, for inasmuch as his mental imagery propels him into action, that action is always true to the picture in his mind and will deliver him its material counterpart certainly.

In this book you will find a program for training the image power of the mind, so

that a scene or situation cast up in consciousness will arrive in three dimensions, with color and sound, pulsing with life, as real for you as the outside world.

Haven't you ever dreamed such dreams? Haven't you sometimes in sleep become immersed in a mental and spiritual world with such solidity and dimension that you were certain it was real and the material world a delusion? If ever you have known the overwhelming power of mental imagery to influence your attitude and perception, then you will quickly see that the salvation of each of us is to train his image power to obey him. In this manner it is possible to become free from the promptings and urgings of nature, from death and disease

and destruction, from ineffectuality and frustration.

We hope you enjoyed this sample of *The Magic in Your Mind* by Uell Stanley Andersen.

To continue your journey, you can access the complete book—along with over 50 additional resources—through our [All-In-One Resource Bundle](#).

Alternatively, you can purchase the stand alone book [here](#).