

JOSEPH MURPHY

*The Miracles
of Your
Mind*

We hope you enjoy this sample of *The Miracles of Your Mind* by Joseph Murphy.

To continue your journey, you can access the full book—along with over 50 additional resources—through our [All-In-One Resource Bundle](#).

Alternatively, explore the [Joseph Murphy Book Bundle](#) or his [inspiring lecture series](#), covering timeless teachings on health, wealth, relationships, universal laws, self-belief, and the power of the subconscious mind.

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Publishers Preface

In this extraordinary book Dr. Murphy reveals the inner workings of the subconscious mind and makes this book one of the most practical guides in overcoming the troubles that beset mankind. The amazing results, "miracles," some might call them, reported by those who attended Dr. Murphy's lectures on The Miracles of the Subconscious Mind brought hundreds of letters from others who wanted to learn how to tap the infinite power of the subconscious mind. In this book you will find practical techniques for achieving health, wealth, peace, and harmony.

From the chapter on The Subconscious Mind and Health: "In using the

subconscious mind you infer no opponent; you use no will power. You use imagination, not will power. You imagine the end and the freedom state. You will find your intellect trying to get in the way, but persist in maintaining a simple, child- like, miracle-making faith. Picture yourself without the ailment or problem. Imagine the emotional accompaniments of the freedom-state you crave. Gut out all of the red tape from the process. The simple way is always the best.”

You desire a happier, fuller, and richer life. Begin to use this miracle-working power and smooth your way in daily affairs, solve business problems, and bring harmony in family relationships. Be sure that you read this book several times. Let the author show you in these many chapters how this

wonderful power works, and how you can draw out the hidden inspiration and wisdom that is within you. Learn the simple techniques of impressing the subconscious mind. Follow the new, scientific way in tapping the infinite storehouse. Read this book carefully, earnestly, and lovingly. Prove to yourself the amazing way it can help you. It could be the turning point in your life.

Chapter 1: How Your Own Mind Works

Man has only one mind, but he has two distinct phases or functions of the one mind. Each phase is characterized by its own phenomena which is peculiar to itself. Each of these minds is capable of independent action, as well as synchronous action. We call one the objective mind, because it deals with external things, and the other is the subjective mind. The subjective mind is amenable and controlled by suggestion of the objective or conscious mind. The objective mind takes cognizance of the objective world. The media of observation are the five physical senses. The objective mind is your guide in your contact with the environment. We gain knowledge through the five senses. The objective mind learns

through observation, experience, and education. The greatest function of the conscious mind is that of reasoning.

Look around Los Angeles; you come to the conclusion that it is a beautiful city based upon your observation of the parks, the buildings, the beautiful structure, the lovely flower gardens, etc. This is the working of your conscious or objective mind.

The word objective means that it deals with objective things. The subjective mind takes cognizance of its environment by means independent of the five physical senses. The subjective mind or the subconscious mind — either term may be used — perceives by intuition. The subconscious mind is the seat of your emotions. We know without a doubt that it performs its highest

functions when the objective senses are in abeyance.

It is the intelligence that makes itself manifest when the conscious mind is suspended or in a sleepy, drowsy state. The subconscious mind sees without the use of the eyes; it has the capacity of clairvoyance and clairaudience. The subconscious mind can leave the body; travel to distant lands and bring back intelligence oftentimes of the most exact and truthful character. Through the subconscious mind you can read the thoughts of others, even to the minutest details; read the contents of sealed envelopes and closed safes.

The subconscious mind has the ability to apprehend the thoughts of others without the use of the ordinary, objective means of

communication. So, it is of the greatest importance that we understand the interaction of the conscious and subconscious mind, in order to learn the true art of prayer.

Now there are many terms used in describing the objective and the subjective mind. They are, as we told you, called: The conscious or subconscious mind, the waking or sleeping mind, the surface self or the deep self, voluntary mind or involuntary mind, the male and the female, and many other terms. Remember there is only one mind having two phases or functions.

The subjective mind is always amenable to suggestion; it is controlled by suggestion. We must recognize that the subconscious mind accepts all suggestions; it does not argue with you, but it fulfills your wishes. All

things that have happened to you are based on thoughts impressed on the subconscious mind through belief. The subconscious mind will accept your beliefs and your convictions.

It is like the soil; it will accept any seed that you deposit in it, whether it is good or bad. Remember: Anything that you accept as true and believe, will be accepted by your subconscious mind, and brought into your life as a condition, experience, or event. Ideas are conveyed to the subconscious mind through feeling.

We will use an illustration: The conscious mind is like the navigator or man at the bridge of a ship. He directs the ship, and signals orders to the men in the engine room which consists of all the boilers, instruments, gages, etc. The men in the

engine room do not know where they are going; they follow orders. They would go on the rocks if the man on the bridge issued faulty or wrong instructions, based on his findings with the compass, sextant, or other instruments. The men in the engine room obey him, because he is the director. They do not talk back to the captain; they simply carry out orders.

The captain is the master of the ship; his orders are followed out; likewise, your conscious mind is the captain, the master of your ship. Your body and all of your affairs represent the ship. Your subconscious mind takes the orders you give it based upon your belief and suggestions accepted as true.

Another simple illustration is this:

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