

The Teachings of Abraham

You Are a Physical Extension of That Which is Non-Physical.

You Are Here in This Body Because You Chose to Be Here.

The Basis of Your Life is Freedom; the Purpose of Your Life is Joy.

You Are a Creator; You Create With Your Every Thought.

Anything That You Can Imagine is Yours to Be or Do or Have.

As You Are Choosing Your Thoughts, Your Emotions Are Guiding You.

The Universe Adores You for it Knows Your Broadest Intentions.

Relax into Your Natural Well-Being. All is Well. (Really It Is!).

You Are a Creator of Thoughtways on Your Unique Path of Joy.

Actions to Be Taken and Possessions to Be Exchanged Are By-Products of Your Focus on Joy.

You May Appropriately Depart Your Body Without Illness or Pain.

You Can Not Die; You Are Everlasting Life.